



HEALincGLOBALSummit™

Future Health.

Innovation.Access

HEALinc Global Summit

New Opportunities in Healthy Longevity and Regenerative Medicine

The Atlantis Resort,
Paradise Island

April 27th - 29th

2025





Table of Contents

The 2025 HEALinc Global Summit.....	3
The HEALinc Summits: Background	4
The 2024 HEALinc Future Health Innovation Summit: Overview.....	5
2023 & 2024 HEALinc Summit: Speakers.....	6-7
2023 & 2024 HEALinc Summit: Lecture and Panel Discussion Topics	8
HEALinc Summit: Testimonials.....	9
2024 HEALinc Summit: Key Program Themes	10-11
2023 & 2024 HEALinc Summit: Featured Photos... ..	12-14
2023 & 2024 HEALinc Summit: Partners & Sponsors.....	15-16
Contact Us.....	17
Appendix.....	18-20

HEALincGLOBALSummit

Future Health. Innovation. Access

The 2025 HEALinc Future Health Innovation Summit

New Opportunities in Healthy Longevity and Regenerative Medicine

The Bahamas, April 27th - 29th, 2025

20+ Speakers | 20+ Sponsor Opportunities | 3 Days | 50+ Networking Opportunities

Message from Dr. Desirée Cox (MD, MPhil, PhD), CEO and Founder of HEALinc and The HEALinc Future Health Innovation Summits.



Click [here](#) to learn more about Dr. Desirée Cox

The HEALinc Global Summit has a distinct and unique purpose: A) To foster collaborative efforts to advance patient access to cutting-edge therapies that advance healthy Longevity and Regenerative Medicine, and B) to help health entrepreneurs and providers with new future health technologies bridge-the-valley of death. Founded in 2018, the HEALinc Summits unite the most accomplished members from communities of scientists, clinicians, healthcare providers, investors, policy makers, regulators, commercial entities and pharmaceutical companies. We are excited to hold the 2025 HEALinc Summit at the Atlantis Resort on Paradise Island, The Bahamas, the same venue where we achieved tremendous success with the 2024 HEALinc Summit.

Take a moment to browse our HEALinc360 website for testimonials, photos and videos from 2024 Summit. See agendas and speakers from previous Summit at <https://www.healincsummit.com>

Here in this informative PDF, we share a brief background about the HEALinc Global Summit and what the Summit is about, as well as highlights from the 2024 HEALinc Summit and the opportunity of the upcoming 2025 HEALinc Summit in The Bahamas. Join us as we continue to build on the platform established at our Inaugural Summit in 2018. I look forward to discussing how we can share the HEALinc vision and partner with you to create and advance the future of health.

Live long and be well,

Dr. Desirée Cox (MD, MPhil, PhD)

Founder/Creator and CEO of The HEALinc

www.healincsummit.com | www.healinc360.com



Established by Dr. Desirée Cox (MD, MPhil, PhD) in 2018, The HEALinc Global Summit is a global networking platform that unites scientists, innovators, thought leaders, entrepreneurs, and medical professionals who share one common goal: to empower people to take control of their health and future. The HEALinc's mission is to champion the future of health by connecting the dots between the scientific and medical experts, push the boundaries of outdated thinking styles and systems, and link patients to resources that promote enhanced quality of life through safe and effective regenerative therapies.

The HEALinc Global Summit is a specially curated annual 3-day event with over 350 in-person attendees. We encourage unique networking opportunities for industry professionals to advance in the longevity, regenerative health and wellbeing industries. Each year, scientists, healthcare providers, investors and policy makers offer positive feedback about the benefits of learning about the latest cutting-edge scientific breakthroughs in longevity and regenerative technologies at a Summit where top-tier presentations are also accessible to non-healthcare professionals committed to taking their health to the next level.

The 2018, 2019, 2023 and 2024 HEALinc Global Summit were landmark events for the future health and regenerative medicine space. Held in Nassau, the Bahamas, they focused on expanding the emerging mandate and new paradigm for personal wellness and optimal health. They also emphasized the importance of providing equitable access to optimal health therapeutics for everyone, regardless of jurisdiction or economic status. The third and most recent 2024 HEALinc Global Summit featured 25+ speakers and close to 400 delegates from 12 different countries. Speakers presented on topics ranged from the science of healthy longevity, mitigating trauma and stress, and accelerating access to cutting-edge integrative regenerative technologies in and outside of the US to psychedelics for mind-body rejuvenation and cultivating a global future health workforce.

For more information on HEALinc and the HEALinc Global Summit, we invite you to scroll down to the Appendix section of this PDF. We also encourage you to view our website at www.healincsummit.com.



HEALincGLOBALSummit™

Future Health. Innovation.Access

The 2025 HEALinc Future Health Innovation Summit: Overview

The 2024 HEALinc Summit, which took place from April 28th – 30th at the luxurious Atlantis Resort in Nassau, The Bahamas, marked a milestone as our most exceptional and successful event to date.

2024 HEALinc Summit: Summit Statistics

- 3 Days | In-Person and Virtual Attendees
- 367 Attendees
- 43 Speakers
- Target Audience/Attendees: Innovators/Entrepreneurs (25%), Scientists/Healthcare Providers (75%), Investors (25%), College Students, Biohackers, Curious Members of the Public (15%)
- In-Person Delegates from USA, Canada, UK, Costa Rica, Panama, Mexico, Malaysia, China, Singapore, Hungary, Sweden, and The Bahamas.
- Age Range: 18 – 80
- 34 Lectures | 4 Panels
- 100+ Networking Opportunities
- 23 Sponsors and Partners



- Topics:
 - Mind-body rejuvenation
 - New Biopeptides and Nanopeptide therapy in Regenerative Medicine S
 - The science behind healthy longevity
 - The body's innate capability for regeneration
 - Opportunities for Bridging-the-Valley of Death and Patient Sponsors trials offered in the 2024 Longevity and Regenerative Therapies Law introduced in The Bahamas
 - Innovative therapeutics for mental health
 - Regenerative medicine for chronic diseases
 - Building a future health workforce
 - Investing in longevity and rejuvenation
 - Plant medicine, psychedelics, and their impact on regenerative wellness

HEALincGLOBALSummit

Future Health. Innovation. Access.

2023 HEALinc Summit: Speakers

The 2023 HEALinc Summit featured 40+ speakers affiliated with top-tier universities, including Harvard University, Stanford University, UCSF, Columbia University, Mayo Clinic, and University of Miami. Speakers were both in-person and virtual and covered a diverse array of topics pertaining to healthy longevity and regenerative wellness.

Featured Speakers



Dr. Desirée Cox, MD, Phil, PhD



Bill W. Faloon



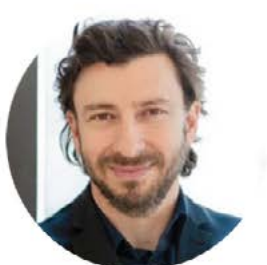
Cassandra Vieten, PhD



Aubrey de Grey, PhD



Paul Robbins, PhD



Dr. David Furman, PhD



Michael Levin, PhD



Dr. Evan Y. Snyder, MD, PhD,
FAAP



Jean M. Hébert, PhD



Katarina Le Blanc, MD, PhD



Joshua Hare, MD, FACC,
FAHA



Dr. Pranela Rameshwar, BS,
PhD



Ian A. White, MS, PhD,
FACRM



Dr. Jeff McNairy, PsyD, MPH



Prof. Dato' Sri Dr. Mike K.S.
Chan

To view our full list of 43 speakers featured at the 2023 HEALinc Summit, please visit the Speaker Page on our website at: www.healincsummit.com/speakers, where you can also view the full lists of speakers from our 2018, 2019, 2023 and 2024 Summits.

HEALincGLOBAL Summit

Future Health. Innovation. Access.

2024 HEALinc Summit: Speakers



Dr. Desirée Cox, MD, MPhil,
PhD



Prof. Brian Kennedy, PhD



Bill W. Faloon



Prof. Dato' Sri Dr. Mike K.S.
Chan



Dr. Jeff McNairy, PsyD,
MPH



Dr. Jack Jacobs, PhD



Dr. Mattias Bernow, MD,
MSc



Flagg Flanagan



Liz Parrish, MBA



Dr. Joshua Hare, MD,
FACC, FAHA



Dr. Ian A. White, MS, PhD,
FACRM



Dr. Neil Riordan, PA, PhD



Dan Montano, MBA



Dr. Alok Sharma, MS, MCh



Sam Cross

To view our full list of 32 speakers featured at the 2024 HEALinc Summit, please visit the Speaker Page on our website at: www.healincsummit.com/speakers, where you can also view the full lists of speakers from our 2018, 2019, 2023 and 2024 Summits.



HEALincGLOBAL Summit

Future Health. Innovation. Access

2024 HEALinc Summit: Lecture and Panel Discussion Topics

Speaker presentations challenged outdated thinking styles and systems, connected the dots between scientific and medical experts, and facilitated resource connections to promote enhanced quality of life through safe and effective regenerative therapies.

DAY 1: The Science of Longevity and Healthy Aging | Proactive Pathways to Healthy Longevity | Longevity-Enhancing Supplements | Reproductive Longevity

DAY 2: Translational Science | Longevity-Enhancing Technologies, Stem Cells and Gene Therapies | Emerging Regenerative Innovations in Mental Wellness | Mitigating Stress and Trauma | Cutting-Edge Gene Therapies | Plant-Based Therapies for Mental Wellness | New Stem Cell Law in the Bahamas

DAY 3: The Bahamas as a Longevity and Future Health Hub/Cluster | Healthy Longevity Therapies for Peak Performance | Adaptability | Ecosystems for Supporting Founders and Biotech Entrepreneurs in the Healthspan and Longevity Space | Hot Topics in Cardiovascular Medicine





HEALinc GLOBAL Summit

Future Health. Innovation. Access

Rave Reviews for the HEALinc Summit: Testimonials from Speakers, Sponsors and Delegates

"I loved this Summit. I enjoyed the broad scope and the different speakers in attendance. My favorite part was the panel discussions. More conferences need these sessions – it gives the audience the opportunity to interact." – **Dr. Ian White, 2023 HEALinc Speaker and Sponsor**

"The conference was a great opportunity for us to meet relevant and interesting partners/potential collaborators within the Bahamian and American stem cell/longevity ecosystem. The speakers presented truly interesting scientific findings related to the [field], which will strengthen our knowledge and inspire our future research." – **Isak Nylen on behalf of Cellcolabs, 2023 HEALinc Sponsor**

"HEALinc had a wide variety of anti-aging and longevity solution presentations this year. It was very interesting to hear about all the different approaches that are making headway in the regenerative field, from cellular therapy to plant medicine, and how to incorporate the use of these new treatments into individualized treatment plans." – **Jessica Protenic on behalf of Longeveron, 2023 HEALinc Sponsor**

"I liked all the speakers and topics discussed. Everything was very interesting. I appreciated how orderly, on-point and timely each speaker was, as regulated by Dr. Cox." – **Jeff McNairy, 2023 HEALinc Sponsor and Speaker**

"The speakers were well-chosen, and I enjoyed the positivity and enthusiasm of the attendees, the speakers, and especially Dr. Cox. The Summit allowed me to continue to learn all the new scientific discoveries and breakthroughs that are coming to fruition in the near future and to align myself with like-minded doctors, scientists, and researchers." – **Dr. Robert Kast, MD, 2023 HEALinc Attendee**

"I was fascinated by the discussion of the attempts by The Bahamas to become a destination for restorative and regenerative medicine to boost its economy and to do this ethically. Dr. Cox will be instrumental in this, and I can't think of a person better suited to the role." – **Dr. Allan Wilke, MD, 2023 HEALinc Attendee**

"It was great to have a conference of this magnitude in The Bahamas. The convergence of scientific minds was a benefit to me and [to] all." – **Arvis Mortimer, 2023 HEALinc Attendee**

"I love the fact that there were a variety of topics – even tips on how to grow your business."
– **Nathelyn Lacroix, 2023 HEALinc Attendee**

"I loved the lineup of speakers and the many opportunities for real connection. The dinner event on the beach was absolutely fantastic. [Dr. Cox] is a fantastic host. Her enthusiasm and profound affection and respect for all working towards our common cause comes through in her stage presence and thoughtful discussion questions posed to speakers." – **Greg Grinberg, 2023 HEALinc Speaker and Sponsor**





HEALincGLOBAL Summit

Future Health. Innovation. Access

2023 and 2024 HEALinc Summit: Key Program Themes

To view the full Program Agenda, please visit our website at: www.healincsummit.com/summit-agenda.

Day 1 Lecture Themes: Healthy Longevity, Regenerative Medicine, and Clinical Translation

- Connecting the Dots Between Quality of Life, Longevity and Affordable Access to Regenerative Therapies
- The Future of Longevity Medicine
- Longevity Futures: Philanthropy, Basic Science Research and Combination Therapeutics
- How to Make Longevity a Mainstream Topic
- The Systemic Rate Limiters to Bringing Chronic Disease and Biological Aging Under Medical Control
- Space and Longevity: A Novel Dimension in Longevity Research
- The Evolution of Human Aging Offers Insights into Potential Therapeutic Countermeasures
- Envisioning the Future of Health
- What's Delaying Regenerative Medicine?
- Stem Cells and Autism.
- Setting the Stage for Health and Wellbeing in Early Life
- Precision of Stem Cells, Peptides and Exosomes in Regenerative Medicine
- Regenerative Therapeutics and Lifestyle Medicine
- Ecosystem for Wellbeing to Cultivate Mental Health, Post-Traumatic Growth, and Quality of Life
- Mesenchymal Stem Cells: Past, Present and Future
- The Importance of Mind-Body Preparation for Advanced Wellness Technologies
- Stem Cell Therapy in Mild Alzheimer's Disease and Pediatric Heart Disease

Day 2 Lecture Themes: Clinical Translation and Emerging Regenerative Innovations in Mental Health

- Longevity and Personalized Medicine: Evidence-Based Integrative Approaches to Regenerative Health
- What Are the Keystone Microbes of the Human Microbiome, and How Do They Hold the Keys To Truly
- Functional Longevity?
- Systemic Inflammation, the Microbiome, Longevity and Dentistry
- Is There a Common Neural Network Signature to Cognitive Disorders That is Druggable?
- Innovative Regenerative Therapeutic Options for Patients with Degenerative Diseases of the Spine
- Bringing Mesenchymal Stromal Cells to the Clinic
- Immunoaging in Regenerative Medicines: Cost-Effective Technology
- Regenerative Futures and Regulatory Considerations
- The Art of the Look Back: How to Reduce Your Taxes by 50%
- How to Increase Your Non-Insurance Revenues Without Running Any New Advertisements
- Cellular Signaling Machines: Sources and Regulatory Takeaways
- Immune Reset in Middle and Aged Populations
- Creating Affordable Gene Therapies to Treat Biological Aging

HEALincGLOBALSummit™

Future Health. Innovation. Access

- Strategies for Expediting Access to Regenerative Medicines and Wellness Products
- Intervention Strategies for Reward Deficiency Syndrome to Establish State of Wellbeing and Human Potential
- Plant Medicine, Psychedelics and the Inner-Sciences of Mental Wellness: Implications for Healthy Longevity and Rejuvenation

Day 3 Lecture Themes: Educating The Next Generation of Future Healthcare

- Providers and Innovators
- Special Regenerative Cardiovascular Disease Symposium
- Advances in Stem Cell and Regenerative Therapies in Autoimmune and Metabolic Disease: Implications for Healthy Longevity
- Stem Cell and Regenerative Medicine Programs in The Bahamas
- Banking and Investing in Longevity Medicine
- Curating Regenerative Medicine Ecosystems
- Healthspan Advocacy: The New Global Movement
- Longevity in Space
- Visionary Keynote: Redefining the Scope of Longevity
- AI in Longevity and Regenerative Medicine: Present State and Future Promises for Democratizing Innovation
- Future Horizons: Longevity and Space
- Enhancing Human Performance: The Business of Longevity, Performance and Real-World Impact
- Utilizing Therapeutic Angiogenesis to Reverse Major Diseases in the Heart, Brain and More
- How to Identify, Gather and Deliver Regenerative Medicine Therapy to Medical Tourists Traveling to the Bahamas for Treatment





2023 and 2024 HEALinc Summit: Featured Photos





2023 and 2024 HEALinc Summit: Featured Photos



HEALincGLOBAL Summit

Future Health. Innovation. Access.

2023 and 2024 HEALinc Summit: Featured Photos



HEALincGLOBAL Summit

Future Health. Innovation. Access

2023 HEALinc Summit: Partners & Sponsors

ALBANY
BAHAMAS

Visionary Partners / Platinum Sponsors



Silver and Gold Sponsors and Donors



Global Health Benefactors



HEALincGLOBAL Summit

Future Health. Innovation. Access

2024 HEALinc Summit: Partners & Sponsors

ALBANY

BAHAMAS



The Bahamas Ministry of Health



HEALincGLOBALSummit

Future Health. Innovation.Access

Contact Us

Dr. Desirée Cox (MD, MPhil, PhD) | CEO and Founder of The HEALinc

Personal Email: dr.desireecox@gmail.com

Phone: +1 347.844.3076 (US) | +1 242.803.9760 (Bahamas)

Erin Ambrose | Assistant to Dr. Desirée Cox

Personal Email: e33ambrose@gmail.com

Phone: +1 804.241.8735 (WhatsApp)



Appendix

What is The HEALinc?

The HEALinc (<https://www.healincsummit.com>) is a global organization founded by Dr. Desirée Cox, MD, MPhil, PhD, a Rhodes Scholar and key architect of an innovative, ethical model for accelerating global access to regenerative medicines. The HEALinc provides a platform to bring together a cross-disciplinary and cross-generational cadre of top-tier scientists, healthcare providers, investors, commercial entities, and industry leaders to 1) cocreate a coherent, unified future health narrative of longevity and rejuvenation; and b) ensure optimal cross-pollination between our education and R&D programs. HEALinc partners with innovators, industry leaders and benefactors to remove barriers to self-efficacy and enhanced personhood for the benefit of human health and the planet. Our approach is 3-pronged:

1. Convenings that Connect People, Ideas and Opportunities: Our unique cross-disciplinary and cross-generational HEALinc Future Health Summits in 2018, 2019 and 2023 amplified connectivity and global networks in stem cell, regenerative medicine, mind-body and personal wellness spaces. Upgrading to the hybrid, intimate, in-person HEALinc360 conclaves (advanced by our 360 online platform) will enhance our global impact.

2. Ecosystem for Accelerated Access to Advanced Technologies: For close to a decade, HEALinc Founder Dr. Desirée Cox has been the leader for an ethical system for accelerated access to emerging regenerative medicines and advanced longevity technologies.

3. Unleashing the Collective Genius of People Everywhere: Unlocking the collective intelligence about proven resilience, regenerative health and longevity practices from diverse populations inspires innovation and empowers individuals everywhere to take control of their own health and wellness prior to illness, throughout illness, and into healing. Our Bridging-to-the Future program for integrating young STEM students (ages 10-17) into our HEALinc Summits and conclaves takes inclusivity to another level.

For more information on The HEALinc and past HEALinc Summits, visit our website: <https://healincsummit.com>



HEALincGLOBALSummit™

Future Health. Innovation. Access

Our Target Audience

The HEALinc Future Health Innovation Summit offers a unique networking opportunity for top luminaries, investors, scientists, policy makers, thought leaders and acclaimed speakers, both internationally and within the Bahamas. Our Summits leverage the commercial advantage of a crucible for global access to safe, USmanufactured regenerative medicines and advanced longevity technologies, and provide an educational space for connecting a global network of innovators, healthcare providers, and patients. Our target audience falls within three broad categories:



- 1. Scientists and Innovators** will discover how to increase global access to safe regenerative medicines and longevity technologies not available in the US to patients with unmet needs.
- 2. Entrepreneurs and Investors** will have the opportunity to form partnerships with local healthcare professionals to get ahead and create pathways to commercialization of cutting edge health technologies.
- 3. Healthcare Providers (International and/or Local Nurses and Doctors)** will learn how to better help their patients improve quality of life using the latest future health technologies, many of which are being made available in the Bahamas through US companies operating in the translational medicine space. MDs will receive 2 CME credits for attending the Summit.

+ 2023 Summit Attendance and Attendees



HEALinc stands for, believes in, and champions the future of health: healthy longevity, sustained quality of life, and regenerative therapies with no undesirable side effects. The 2023 Summit elevated attendees' educational knowledge of regenerative health and longevity by tracing recent developments and addressing gaps in the field to move towards a more holistic approach to human health.

Our annual Summits are attended by hundreds of top clinicians, scientists, and policy makers from all over the world. At past Summits, we've hosted international luminaries and delegates from the US, Europe, Latin America, and India. Our Summits are continually sponsored by prominent commercial entities in the stem cell and regenerative wellness space such as IBM, Longeveron, The Cura Foundation, Celularity, Sanford Health, THOR, and Okyanos, among others.

The 2023 HEALinc Summit hosted 350+ in-person and virtual attendees.

HEALincGLOBAL Summit

Future Health. Innovation. Access.

Building on the Past: Featured Speakers of 2018, 2019, 2023 and 2024



The HEALinc boasts an impressive lineup of internationally acclaimed speakers and presenters. Our 2023 HEALinc Summit secured speakers such as Bill Faloon (Life Extension), Dr. Aubrey de Grey (SENS), Dr. Cassandra Vieten (John W. Brick Mental Health Foundation), Dr. Jean Hébert (Albert Einstein College of Medicine, New York), Dr. Katarina Le Blanc (Karolinska Institute, Sweden), Dr. Michael Levin (Tufts), Dr. Jeff McNairy (Rythmia Life Advancement Center), and Dr. David Furman (Buck Institute for Research on Aging), among others. We encourage you to browse the 2023 Speaker Page on our website for the full list of speakers:

<https://www.healincsummit.com/speakers>



Our 2019 HEALinc Summit featured speakers such as Dr. Joe Dispenza, Dr. Joshua Hare (Longeveron), Dr. Bob Hariri (Founder and CEO of Celularity), James Carroll (Founder and CEO of THOR), Tony Robbins, Dr. David Pearce (Sanford Health), and Dr. Ritamarie Loscalzo, among others. Browse our list of 2019 Speakers here:

<https://healincsummit.com/2019-healincspeakers>



Our 2018 HEALinc Summit featured speakers such as Dr. Bob Hariri (Founder and CEO of Celularity), Dr. Aubrey de Grey (Chief Science Officer of SENS), Dr. Marc Penn (BBLs and Okyanos), Dr. David Metcalf (UCF-iCorps and METIL), Peter Diamandis (Singularity University), Bill Fields, Tanmay Bakshi (IBM Watson), Dr. Kyu Rhee (IBM), Dr. David Hasse and Bernie Siegel, JD (Regenerative Medical Foundation), among others. Browse our list of 2018 Speakers here:

<https://healincsummit.com/2018-healincspeakers>